

## ESSE Institute Programme

The programme consists of three stages, as follows:

- Course 1: Introductory Level
- Course 2: Intermediate Level
- Course 3: Final Requirements

### Course 1

is open to professional educators, parents and non-professionals interested in becoming familiar with the essential principles of Sathya Sai Education and its application in one's personal, professional and family life.

### Course 2

is open to those who have successfully completed Course 1 and wish to develop and implement SSEHV Programmes in schools, communities and workplace settings.

### Course 3

is open to all those who have completed Courses 1 and 2. It prepares professional teachers, educators and trainers of Sathya Sai Institutes to facilitate the Sathya Sai Education in Human Values Programme.

### Form of the Seminars

The course contents are facilitated through lectures, workshops and deepened through participant interaction.

Participants are presenting home assignments at the end of Course 1 and Course 2.

Course 3 concludes with the presentation of a thesis based on a SSEHV Project developed and implemented by the graduate student.

When satisfactorily completed a **Certificate of Completion** is issued after each Course.

## COURSE 1 – Introductory Level

### Module 1: The Philosophy of Sathya Sai Education

- The History of Sathya Sai Education
- The Life and Teachings of Sathya Sai Baba
- The Philosophy of Sathya Sai Education: Educare
- The Five Human Values and their interrelation

### Module 2: The Pedagogy of Sathya Sai Education

- The Pedagogy of Sathya Sai Education: Integral Education
- An Environment and Culture of Love
- Teacher as exemplar of the human values
- The Integral Relationship of the Human Personality and Human Values, part 1
- The Five Teaching Techniques and other compatible teaching strategies, part 1
- The two Models of Application: Direct and Indirect (Curricular and Co-Curricular), part 1

### Module 3: The Core Tenets of Sathya Sai Education

- The Five Human Values from the Perspective of the Major Religions, Local Culture & Education Policies, part 1
- The Core Tenets of Sathya Sai Education, part 1
  - \* Unity of Head-Heart-Hand (3HV)
  - \* Ceiling on Desires
  - \* Unity in Diversity
  - \* Unity of Faiths

These Core Tenets distinguish Sathya Sai Education from other value-oriented programmes, as they integrate secular and spiritual education.

- Selfless Service & Service Projects

## COURSE 2 – Intermediate Level

### Module 1: Concept and Application of Educare

- The Philosophy of Sathya Sai Education: Educare, part 2
- Application in Personal and Family Life
- Application to the Culture of the School/ Classroom/Workplace
- Human Values/Philosophy/Culture and the Human Personality, part 2
- Human Values in Philosophy and Culture (e.g. Human Rights)

### Module 2: Aspects of Teaching Educare

- The Five Teaching Techniques and other compatible Teaching Strategies, part 2
- Writing Lesson Plans, Units, Themes and Projects in Educational Settings
- Behaviour and Classroom Management Techniques
- Group Dynamics, Communication, Collaboration and Leadership Skills
- Application of the Direct and Indirect Models in schools, community projects, workplace etc., part 2

### Module 3: Integrating the Core Tenets of Sathya Sai Education into Society

- The Five Human Values from the Perspective of the Major Religions, Local Culture & Education Policies, part 2
- Integrating the Core Tenets of Sathya Sai Education in the Class, School, Home, Community, Workplace or Profession, part 2
  - \* Unity of Head-Heart-Hand
  - \* Ceiling on Desires
  - \* Unity in Diversity
  - \* Unity of Faiths

## COURSE 3 – Final Requirements

### Module 1: The Role of Values in Education

- The Role of Values in Education: The concept of values in Depth; How values contribute to development of self, relationships, the society, and environment
- Introducing Human Values to the National School Curriculum
- Introducing Human Values to Community
- Linking Human Values to National and Local Culture
- Linking Human Values to Scientific Knowledge through Mathematics and the Sciences
- The Core Tenets of SSE in Depth:
  - The Role of Conscience
  - Science and Spirituality
  - Similarity of beliefs, values, metaphysical principles etc.
  - Living a Spiritual Life
- Human Values, the Human Personality and Nature: The Five Elements, Five Senses and Five Sense Organs

### Module 2: SSEHV in Schools and Educational Settings

- The Culture and Environment of the Educational Setting
- The unique legal and pedagogical requirements of the Educational Setting
- Human Values, Philosophy and Culture/s in Depth
- Assessment/Evaluation and Basic Research Techniques (relative to the implementation of Sathya Sai Education in various settings)

### Module 3: Implementation of SSEHV

- Development of a Project, Implementation of the Project, Evaluation and Full written Report
- Project Presentation